

superfine quality, hem-stitched, and very dainty, fit for hospital high days and holidays. Handkerchiefs, hosiery, and underwear, are also procurable: and nurses' instruments, such as wallets, thermometers, medicine glasses, &c., can be bought of the best. Furniture for Nursing Homes, with charming little bedroom suites and bedding, are now on sale, in satin, ash or walnut wood, at reasonable prices. The catalogue should be sent for, as it is a most useful pamphlet of reference for every Matron.

GARROULD'S.

Those who are in search of uniforms cannot do better than write to Messrs. E. R. Garrould, of 150, Edgware Road, for their new and profusely illustrated catalogue. They will be sure to pay a visit to Messrs. Garrould after having studied it.

The tastes of all nurses are studied, and uniform cloaks with the capes cut according to the latest fashion may be obtained, but, in our opinion the simpler and neater a uniform is, the better. We found—made in Army cloth—the Iris, at 37s. 6d.; the Rosemary, and the Louise, at 33s. 9d.; and the Ellesmere, at 29s. 6d., particularly attractive. They may be had in other materials at a lower price. Dresses, aprons, bonnets (the gossamer used for veils being especially durable) may also be obtained; as well as really soft and comfortable, but withal nice-looking ward shoes, and night nurses' slippers; also trunks and bonnet boxes. A whole new case of nursing requisites has recently been added.

D. H. EVANS & CO.

No institution or nurse should lay in a new stock of aprons without seeing those offered by Messrs. D. H. Evans and Company, Limited, of Oxford Street. This firm makes a great speciality of these aprons. The Irish Peasant hand-made underclothing, supplied by Messrs. Evans, is well known, and it is owing to the fact that there is annually a dull season in this trade, that the large staff of skilled workers is employed to make these aprons of pure Irish Linen, which are consequently supplied at a quality and price which would otherwise be impossible. The aprons are well made, and of ample dimensions, nearly meeting at the back. We think that no one who tries them will regret the bargain.

No one should leave Messrs. Evans establishment without seeing the dainty Japanese dressing jackets and dressing gowns of quilted silk. The convalescence of a sick person is often notified by a returning interest in personal appearance, and it is, therefore, part of a nurse's duty to encourage such a feeling. Anything more calculated to rouse the interest of a sick person than these delightful jackets it would be difficult to imagine.

Preparations, Inventions, etc.

CADBURY'S COCOA.

NOWADAYS, when cocoa and chocolate have ceased to be the luxury of the few, and have become the necessity of the multitude, it has become more than ever important to ascertain the purity of the article supplied under those names. For, unfortunately, there are many modern cocoas, which have enjoyed a transient success, which have proved to be not only grossly adulterated, but actually deleterious to the consumer. In this country, however, we are fortunate in possessing one or two firms whose reputations have grown, rather than diminished, as their age increased. Among these, it is no exaggeration to say that Messrs. Cadbury hold the highest place. The generous manner in which they treat their workpeople has long made the firm famous amongst all who value fair-play and justice. The purity of the materials which they employ, and the exquisite flavour of their preparations are proverbial. Nurses who require a stimulating, as well as a nutritious food, especially when they are on night duty, cannot do better than take a cup of Cadbury's cocoa; and we have often recommended those who cycle to supply themselves with some sticks of Cadbury's chocolate, as experience has shown this to provide a most sustaining and satisfying meal when an ordinary lunch is not procurable.

AYMARD'S MILK STERILISER.

THE Aymard system of sterilising milk is rapidly growing in popularity. It is based on the principle of only heating the fluid until all germs are destroyed. The ordinary appliances for effecting this, by heating milk at a high temperature for a long period, cause changes which are undoubtedly detrimental to the nutritive qualities of the milk. The Aymard system has this further advantage that it enables milk to be quickly sterilised and prepared for use, in small quantities, as may be required. The steriliser is easily cleaned after use, and the method is simple and most effective. We have tried it carefully and been much pleased with its special advantages. We can, therefore, cordially recommend it to the notice of trained nurses and Matrons, especially those of Lying-in hospitals. And, in the modern treatment of typhoid fever by sterilized milk, this appliance would be found invaluable in the wards of general hospitals. Its value and portability have been recently recognised by the War Office, which has recommended it to the notice of commanding officers throughout the British Army—a fact which requires no comment. The steriliser can be obtained through any chemist or ironmonger, or direct from the Aymard Steriliser Company, St. Matthew's Works, Ipswich.

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